**Part 4　Writing**

记叙文写作

写作题目

　　有一英语网站正在征集以“A Sports Story”为主题的故事,请按以下要求用英文写一篇关于你的运动故事:

1.几年前,你忙于学习,没有时间进行锻炼;

2.后来你意识到要保持学习和锻炼的平衡,在空闲时间,你喜欢有规律的锻炼,尤其是骑行;

3.骑行不仅能锻炼你的身体,还能减轻你的焦虑,开阔你的视野,让你交了很多朋友;

4.你希望能代表你们城市,参加各种骑行大赛。

思路点拨

|  |  |  |  |
| --- | --- | --- | --- |
| 主题 | 体育故事 | 体裁 | 记叙文 |
| 人称 | 以第一人称  为主 | 时态 | 以一般过去时为主,一般现在时为辅 |
| 布局 | 1.介绍故事背景;  2.介绍骑行的好处;  3.你的打算。 | | |

遣词造句

Ⅰ.用本单元所学单词或短语填空

1.　　　*n.*紧张,焦虑

2.be 　　　in参与

3.　　　　　　保持平衡

4.　　　　　　爱上

5.　　　　　　尽情地

答案　1.tension　2.involved　3.keep the balance

4.fall in love with　5.to one’s heart’s content

Ⅱ.本单元语块、语法运用

1.完成句子

(1)几年前,我由于忙于学习,没有足够的时间进行锻炼。

Several years ago,because I’m 　　　　　　my study, I had no enough time to 　　　　　　　　　taking exercise.

(2)后来,我意识到要保持学习和锻炼的平衡。

Later, I realized that I should　　　 　　　　　　between study and exercise.

(3)在我的空闲时间,我喜欢上了进行定期锻炼,尤其是骑行。这让我的生活更有意义和丰富多彩。

In my spare time, I fell in love with taking regular exercise,especially cycling and it made my life more　　　 　　　　　　.

(4)骑行不仅锻炼了我的身体,还减轻了我的焦虑。

Cycling not only 　　　　　　　　　　　　, but also reduced my tension.

(5)此外,我到达过很多景点,开阔了视野。

Besides, I reached many tourist attractions,which　　　 　　　　　　.

(6)我有了更多机会去接近大自然,尽情地欣赏美丽的景色。

I had more chances to 　　　　　　　　　　　　, enjoying beautiful scenery to my heart’s content.

答案　(1)occupied with;be involved in　(2)keep the balance　(3)meaningful and colorful

(4)built up my body　(5)broadened my horizons

(6)get close to nature

2.句式升级

(7)用含有非谓语动词的句子改写句(1)

Several years ago, 　　　　　　　　　　　　, I had no enough time to be involved in taking exercise.

(8)用非限制性定语从句改写句(3)

In my spare time, I fell in love with taking regular exercise,especially cycling, 　　　　　　my life more meaningful and colorful.

(9)将句(4)转换成倒装句

　　　 　　　　　　　　　build up my body, but also it reduced my tension.

答案　(7)occupied with my study　(8)which made　(9)Not only did cycling

连句成篇

参考范文

基础篇

　　Several years ago,occupied with my study, I had no enough time to be involved in taking exercise.Later,I realized that I should keep the balance between study and exercise. In my spare time, I fell in love with taking regular exercise,especially cycling, which made my life more meaningful and colorful.

I think cycling was beneficial to me. Not only did it build up my body, but also it reduced my tension.Besides, I reached many tourist attractions,which broadened my horizons. I also had more chances to get close to nature, enjoying beautiful scenery to my heart’s content. Importantly, I made many new friends, who often inspired me to stick to cycling.

I hope I can represent my city to take part in all kinds of competitions of cycling, and become the champion.

提升篇

　　Several years ago,employed in my study, I had no adequate time to be involved in taking exercise. Later,I was aware that I should keep the balance between study and exercise. In my spare time, I had a passion for taking regular exercise,especially cycling, which made my life more meaningful and colorful.

I think riding was of great benefit to me. Not only did it build up my body, but also it reduced my tension. Besides, I reached many tourist attractions,which broadened my horizons. I also had more chances to get close to nature, enjoying beautiful scenery to my heart’s content. Significantly, I made many new friends, who often inspired me to stick to cycling.

I do hope I can represent my city to participate in varieties of competitions of cycling, and become the champion.

点评:

1.本文要点齐全,很好地完成了写作任务;

2.文章结构清晰,条理分明,体现出很高的语言素养;

3.在文章里运用了较多的高级结构和复杂的句式,提高了文章的层次;

(1)运用了高级词汇(词组):occupied with、be involved in、meaningful and colorful、beneficial、build up、tourist attractions、broadened my horizons、stick to等;

(2)复杂的语言结构:非谓语动词短语作状语occupied with my study、非限制性定语从句which made my life...和which broadened my horizons、部分倒装Not only did it build up my body, but also...等复杂句式。

id:2147486701;FounderCES写作积累

句式:

1.Though there are different kinds of sports, swimming is my favorite.

2.Swimming is a really fantastic sport, which makes me feel relaxed.

3.First, set aside time to exercise regularly. Only in this way can you keep fit.

4.There is no doubt that doing more exercise is beneficial to people’s physical and mental health.

5.Personally, I have a passion for jogging because it’s beneficial to my health.

6.I hope that everyone does some sports in their spare time rather than just stay at home.

id:2147486708;FounderCES实战演练

(id:2147486715;FounderCES)

2022年冬奥会即将在北京举行,奥运精神和热爱运动的精神也一直在中国传递。假如你是李华,请写一封信给你的笔友John,谈谈有关运动的话题。内容包括:

1.多运动对人们的好处;

2.举例说明你是怎么运动的;

3.呼吁大家多运动,传播冬奥会的精神。

注意:

1.词数100左右;

2.可以适当增加细节,以使行文连贯;

3.开头和结尾已给出,不计入总词数。

Dear John,

There is no doubt that doing more exercise is good for our health.

Yours,

Li Hua

读后续写

写作题目

　　阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

The Sea’s Surprise

Jim and Andy walked along the beach, looking for an adventure. They joked that some day they would find a talking fish or a mermaid(美人鱼)or a bottle with a treasure map inside. So far they had only found shells, rocks and seaweed. Today, though, was different. The boys felt excited.

Sea crabs scampered on the rocks. Up one side and down the other. They were quick and lively. The tide didn’t seem to ever wash them away. Then Jim saw a fish. It was stranded on the beach, just flopping around.

“Can it talk?” Andy asked.

“It looks like any other fish,” Jim said. He picked it up gently and carried it to the water.

“Do you think it will grant us any wishes?” Andy laughed.

The boys watched as the silver fish sped off through the water. “No. Maybe next time,” Jim grinned.

As the two friends walked farther down the beach they came upon a bottle. It was green with a cork in the mouth.

“Our luck will change. Does it have a map inside or a genie?” joked Andy.

Andy reached down and picked up the bottle. He rubbed it. Nothing happened. He tugged on the cork. Nothing happened. He shook it. Nothing happened.

“Try the cork again. I bet the genie is waiting for us to release him. Or we’ll find a treasure map and have a real adventure,” Jim exclaimed.

Andy tugged again on the cork. He wiggled it back and forth. He twisted it around and around. Finally it popped out without breaking. Andy shook the bottle. Nothing came out. Looking inside he couldn’t see anything. Jim looked too and shook his head. Empty.

“It’s just an old wine bottle,” Jim complained. He grabbed the bottle and tossed it back onto the sand.

注意:续写词数应为150左右。

Paragraph 1:

*The* *bottle* *hit* *a* *rock* *and* *shattered*(碎裂) *into* *many* *pieces.*

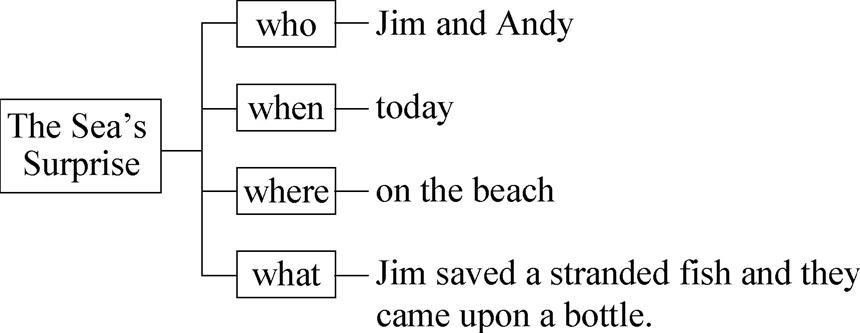
Paragraph 2:

*The* *two* *boys* *ran* *after* *it.*

id:2147486722;FounderCES文本分析

▶第一步: 初读获取基本信息

1.了解故事要素



　　2.理清故事情节

Jim和Andy想在海边寻宝→挽救了一条搁浅的鱼→遇到了一个瓶子→?

Beginning:Jim and Andy walked along the beach, looking for treasures.→Jim saw a stranded fish on the beach.→Jim picked up the fish gently and carried it into the water.→They walked farther down the beach and came upon a bottle.→Andy reached down and picked up the bottle.→He rubbed the bottle, tugged on the cork and shook the bottle. Nothing happened.→Jim grabbed the bottle and tossed it back onto the sand.→The bottle hit a rock and shattered into many pieces.→Climax: ?→The two boys ran after it.→Ending:?

▶第二步:再读获取情节发展线索

梳理续写逻辑:细读两段续写的开头语,理顺续写段落间的逻辑关系。

Paragraph 1:The bottle hit a rock and shattered into many pieces.

Question 1:What was in the broken bottle?

Question 2:What did Jim and Andy do?

Question 3:What happened to the broken bottle?

Paragraph 2:The two boys ran after it.

Question 1:Why did the boys run after it?

Question 2:What did they find later?

Question 3:Where was the stranded fish saved by Jim?

▶第三步:预测情节发展

Paragraph 1:瓶子碎了,Andy和Jim看见一把银钥匙掉在地上,Andy弯腰想拾起钥匙。突然瓶子又完好如初,钥匙又回到里面了。

Paragraph 2:两个孩子跟着瓶子跑。他们进入海里时没有下沉而是漂浮在海上。他们感到很兴奋。瓶子把他们带到一个岛屿附近,那儿有很多财宝,原来是那条搁浅的鱼用来报恩的。

遣词造句

1.描写人物的心理、动作等词汇

(1)　　　*vi.*(尤指由于惊讶或疼痛而)喘气,喘息,倒抽气

(2)　　　　　　俯身,弯腰

(3)　　　　　　拾起;捡起

(4)　　　*adv.*神秘地

(5)　　　*vt.*进入

(6)　　　*adv.*令人惊讶地

(7)　　　*adj.*兴奋的

答案　(1)gasp　(2)bend over　(3)pick up　(4)mysteriously　(5)enter　(6)astonishingly　(7)excited

2.完成句子

(1)安迪和吉姆都倒抽了一口气。

　　　 Andy and Jim 　　　.

(2)从海岸传来一个声音,“这些你们可以尽可能多地拿走。”

“You can 　　　　　　　　　　　　　　　　　　,” a voice came from the coast.

(3)一条会说话的鱼正沿着海岸游动着。

A talking fish was swimming 　　　　　　　　　.

答案　(1)Both;gasped　(2)take these as much as possible　(3) along the coast

3.句式升级

把句(2)和句(3)合成一个含有定语从句的主从复合句。

答案　“You can take these as much as possible,” a voice came from the coast, along which a talking fish was swimming.

连句成篇

参考范文

Paragraph 1:

*The* *bottle* *hit* *a* *rock* *and* *shattered*(碎裂) *into* *many* *pieces*. Both Andy and Jim gasped as they saw a long silver key on the ground in the glass pieces. Then they looked at each other.Why didn’t it make any noise when they shook the bottle? Why didn’t they see it? Andy bent over to pick up the key. Suddenly the glass pieces came together to form a bottle again.The key was mysteriously back inside! And the bottle began rolling slowly toward the sea.

Paragraph 2:

*The* *two* *boys* *ran* *after* *it*. When they entered the sea, astonishingly they didn’t sink into the water but floated on the surface of it. They felt excited.They followed the bottle and then it stopped near an island where there were lots of treasures like diamonds and stones. “You can take these as much as possible,” a voice came from the coast, along which a talking fish was swimming. It was the stranded fish that Jim saved and put back into the water.

id:2147486736;FounderCES写作积累

心理描写——悲观情绪

一、词汇

ashamed羞愧的

depressed沮丧的

lonely孤单的

guilty内疚的

bored无聊的

sleepy困倦的

remorseful懊悔的

regretful后悔的

isolated孤独的

desperate绝望的

pessimistic悲观的

二、语块

fall into despair陷入绝望

cry one’s heart out某人悲痛欲绝

with a sinking heart心情沮丧

in low spirits情绪低落

down in the dumps垂头丧气

id:2147486743;FounderCES实战演练

(id:2147486750;FounderCES)

　　阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

　　We are all familiar with bedtime stories from our childhood. When I was a child,technology wasn’t at such a height that I could go to sleep with a PSP(掌上游戏机) in my hand. So my father had to do this extra job of telling me stories until I was asleep. I came to know about the character Boogie man from him.

Dad was a funny man and hated to scare children. So the idea I got from him about the Boogie man was much more amusing rather than frightening. To me, the Boogie man was something like a clown(小丑) who would hide under your bed or inside the drawer (抽屉) to try to scare you. As a result, instead of falling asleep, I used to remain awake for a long time in the night to catch the Boogie man.

By that time, I was very little—five or six years old. One night I was lying on my bed pretending that I was asleep as usual. Suddenly I noticed the window to the south opening slowly. Then I saw someone getting inside the room through that window. I was alone in my room but I didn’t become afraid. To be honest, I became quite excited. “It’s sure the Boogie man. Today he can’t escape. I’ll catch him and let him stay under my bed!” I thought. So I kept quiet and waited until he came up to my bed. He had something in one of his hands that probably could open doors and windows. Then he bent down to open the drawer of my bedside table. I thought he was planning to put some magical things into the drawer. So before he was able to do it, I jumped on his shoulders and shouted very loud, “Boogie man, Boogie man, now you’ll stay under my bed.”

注意:续写词数应为150左右。

Paragraph 1:

*The* *man* *was* *frightened* *and* *he* *tried* *to* *escape* *from* *my* *room*.

Paragraph 2:

*Dad* *called* *the* *police* *and* *they* *came* *to* *arrest* *the* *thief*.

Part 4　Writing

实战演练

记叙文写作

One possible version:

Dear John,

There is no doubt that doing more exercise is good for our health. As students, we can make ourselves more active and smarter by doing exercise in our daily life.

Personally, I think highly of jogging because it􀆳s beneficial to our physical and mental health.Take myself for example, I often jog in the playground for half an hour.Each time I finish it, I feel it helps to build up my body and reduce my tension.

It􀆳s helpful for us to set aside time to exercise regularly. I hope that everyone does some sports in their spare time rather than just stay at home or bury themselves in their work.

Let􀆳s go out to do more exercise!

Yours,

Li Hua

读后续写

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 写作指导 | | | | |
| 故事  要素 | Time | | one night | |
| Place | | in my room | |
| Character | | I,my father and a man | |
| Event | | A man got inside my room... I jumped to catch him. I thought he was the Boogie man. | |
| 情节 | Para.1 | | 睡觉前,爸爸总会给我讲Boogie man的故事。 | |
| Para.2 | | 我认为Boogie man会藏在床下或抽屉里,因此想抓住他。 | |
| Para.3 | | 一个贼进入我的房间,我以为是Boogie man,便跳起来抓他。 | |
| 续写  方向 | Para.1 | *The* *man* *was* *frightened* *and* *he* *tried* *to* *escape* *from* *my* *room.* | | ①In the writer􀆳s opinion, who is the man? What would the writer do?  ②In fact, who is the man?  ③What does the writer think of the matter now? |
| Para.2 | *Dad* *called* *the* *police* *and* *they* *came* *to* *arrest* *the* *thief.* | | ①Seeing the police, what would the writer do?  ②How would the writer feel?  ③How could it be ended reasonably? |

One possible version:

Paragraph 1:

*The* *man* *was* *frightened* *and* *he* *tried* *to* *escape* *from* *my* *room*. I was holding him tight to avoid his leaving. But because I was so little that I couldn􀆳t stop him and ended up being thrown to the ground heavily. Hearing me shouting, my parents woke up and rushed into my room immediately. To their surprise, it turned out to be a thief! My father was a big man with much energy, so it was not difficult for him to catch the man.

Paragraph 2:

*Dad* *called* *the* *police* *and* *they* *came* *to* *arrest* *the* *thief*. Before leaving, the police praised me for my bravery, but I was crying because they were going to take away the Boogie man! Now whenever I recall that thing, I can􀆳t help expressing approval to my dad whose method of telling stories made me full of courage. Whenever you face the danger in your life, it􀆳s OK to be afraid at first. But you should remember an important thing: whatever it is, it has weaknesses. If you can overcome your own fear, then you will defeat it at last.